



Job title:	Trauma Therapist - Part-time – Maternity Cover
Location:	Dublin City Centre
Reports to:	Ruhama Service Manager
Purpose:	The post holder will be responsible for providing short-medium term trauma therapy/counselling and trauma informed interventions to women impacted by prostitution and victims of sex trafficking. The post holder will work in collaboration with other service providers to meet the psychological needs of this vulnerable cohort.
Hours	While flexibility to commence in September/October 2023 and to work up to 17.5 hours over up to 3 days is preferred, start date and final working hours will be negotiated with the successful candidate.
Salary:	Competitive salary commensurate with experience

KEY DUTIES & RESPONSIBILITIES include but are not limited to the following:

- To comprehensively assess the needs of all service users in relation to trauma/PTSD.
- To ensure that counselling care plans are implemented and regularly reviewed.
- To provide short/medium term trauma therapy and therapeutic interventions.
- To provide one to one brief interventions and provide on-site critical incident response/s if and when the need arises.
- To facilitate psychoeducation, and therapeutic groups.
- To support the on-going development of a trauma counselling service which reflects the complex needs of service users.
- As the need arises, participate in case management protocols including creating referral pathways and shared care planning.
- Use and develop evaluation tools to ensure therapeutic interventions are effective.
- Identify potential obstacles to progression with service users and problem solve in conjunction with them.
- Attend practice team, organisational and external meetings as required.
- To keep up to date with developments in relation to trafficking for sexual exploitation.
- Maintain service user records and clinical notes in accordance with Ruhama’s recording keeping procedures.
- To be vigilant to any Health, Safety and Welfare risks in the workplace and bring any concerns to the attention of your line manager or Health & Safety Officer.

- To be aware of the Children’s First Guidelines, and Vulnerable Adult and Child Protection Policy in Ruhama and bring any concerns to the attention of the DLO (Designated Liaison Officer).
- To attend supervision on a regular basis with line manager and ongoing clinical supervision in accordance with your governing body.
- To monitor, track, evaluate and document all work.
- To comply with all Ruhama policies and procedures.
- To work as a team member in order to develop and fulfil the policies, aims and objectives of Ruhama.
- To perform any other duties assigned or delegated by his/her line manager.

PERSON SPECIFICATION

The person specification sets out the essential requirements needed by the successful candidate for this post.

Qualifications & Experience

- Full Accreditation as a counsellor/psychotherapist with the Irish Association for Counselling and Psychotherapy (IACP), Irish Association of Humanistic and Integrative Psychotherapy (IAHIP) or a relevant body within the Irish Council for Psychotherapy (ICP), is essential.
- Have a minimum of 3 years post qualification experience with an ability to show that at least 1 of these years includes experience of working with trauma.
- Frontline experience working with a vulnerable cohort including experience of crisis support and case management model would be desirable.
- Language skills, particularly Romanian, Portuguese, Spanish would be desirable.
- Experience and competence in using a CRM software system would be desirable.

Knowledge

- A knowledge of complex trauma, including how the Autonomic Nervous System works.
- A knowledge of the impact of prostitution and sex trafficking on individuals’ physical, emotional and psychological development.
- Knowledge and understanding of gendered based violence, including prostitution.
- Demonstrates a working knowledge in the complexities faced in delivering services to service users in challenging environments.
- A knowledge of homelessness, immigration and substance misuse.

Skills and Abilities

- Excellent listening and interpersonal skills.
- Excellent relational skills and ability to build therapeutic relationship.
- Demonstrate empathy and have a clear understanding of trauma and PTSD.
- Demonstrate competence and professionalism in order to carry out the duties and responsibilities of the role.
- Ability to manage challenging behaviour and issues which may include responding to suicide/suicide ideation.
- Proven ability to use own initiative and work as part of a team.

- High motivation and enthusiasm with a positive attitude and flexible in response to organisation change & development.
- Ability to maintain confidentiality within the guidelines and policies of Ruhama and relevant accreditation body.
- Excellent administrative report writing and IT skills.
- A strong interest in the area of social justice & human rights.
- Ability and willingness to effectively contribute to the teamwork environment of Ruhama.

Other

- Flexibility around working hours is essential.
- Full Clean Irish driving licence and use of a car is essential.
- Garda Vetting will apply.

Application Process

Interested Candidates can access the Job Description and Application form at <https://www.ruhama.ie/work-for-us>. Informal enquiries to Katherina McCaul on 087 290 7442.

Completed and signed application forms should be submitted by email to katherinamccaul@gmail.com by

5pm on Wednesday 13th September 2023

Ruhama is an equal opportunities employer