

Job title:	Trauma Therapist - Part-time
Location:	Dublin City Centre
Reports to:	Ruhama Service Manager
Purpose:	The post holder will be responsible for providing short-medium term trauma therapy/counselling and trauma informed interventions to women affected by prostitution and victims of sex trafficking. The post holder will work in collaboration with other service providers to meet the psychological needs of this vulnerable cohort.
Hours	A panel may be created from this recruitment campaign and appointments made as the needs arise, subject to funding.
Salary:	Competitive salary commensurate with experience

**KEY DUTIES & RESPONSIBILITIES include but are not limited to the following:**

- To comprehensively assess the needs of all service users in relation to trauma/PTSD.
- To ensure that counselling care plans are implemented and regularly reviewed.
- To provide short-medium term trauma therapy and therapeutic interventions.
- To provide one to one brief interventions and provide on-site critical incident response/s if the need arises within your caseload.
- To facilitate psychoeducation, and other therapeutic groups.
- To support the development of a trauma counselling service which reflects the complex needs of service users.
- If the need arises, participate in case management protocols including creating referral pathways and shared care planning.
- Use Ruhama evaluation tools to ensure therapeutic interventions are effective.
- Identify potential obstacles to progression with service users and problem solve in conjunction with them.
- Attend practice team, organisational and external meetings as required.
- To keep up to date with developments in relation to trafficking for sexual exploitation.
- Maintain service user records and clinical notes in accordance with Ruhama's recording keeping procedures.
- Deliver training to frontline services on trafficking and commercial sexual exploitation as required.
- To be vigilant to any Health, Safety and Welfare risks in the workplace and bring any concerns to the attention of your line manager or Health & Safety Officer.

- To be aware of the Children’s First Guidelines, and Vulnerable Adult and Child Protection Policy in Ruhama and bring any concerns to the attention of the DLO (Designated Liaison Officer).
- To attend supervision on a regular basis with line manager and ongoing clinical supervision in accordance with your governing body.
- To comply with all Ruhama policies and procedures.
- To perform any other duties assigned or delegated by his/her line manager.

## **PERSON SPECIFICATION**

The person specification sets out the essential requirements needed by the successful candidate for this post.

### **Qualifications & Experience**

- Accreditation as a counsellor/psychotherapist with the Irish Association for Counselling and Psychotherapy (IACP), Irish Association of Humanistic and Integrative Psychotherapy (IAHIP) or a relevant body within the Irish Council for Psychotherapy (ICP), is essential
- Have a minimum of 3 years post qualification experience with an ability to show that at least 1 of these years included experience of working with trauma. At least 1-year therapy experience in trauma is essential.
- Ideally, your trauma work experience will relate to the area of human exploitation.
- Having frontline experience working with a vulnerable cohort including experience of crisis support and case management approach would be beneficial.
- Language skills, particularly Romanian, Portuguese, Spanish would be an advantage.
- Experience and competence in using a CRM software system would be an advantage.

### **Knowledge**

- A knowledge of complex trauma, including how the Autonomic Nervous System works.
- A knowledge of the impact of prostitution and sex trafficking on individuals’ physical, emotional and psychological development.
- Knowledge and understanding of gendered based violence, including prostitution.
- Demonstrates a working knowledge in the complexities faced in delivering services to service users in challenging environments.
- A knowledge of contemporary issues such as homelessness, immigration, substance misuse.

### **Skills and Abilities**

- Excellent listening and interpersonal skills
- Excellent relational skills and ability to build therapeutic relationship.
- Demonstrate empathy and have a clear understanding of trauma and PTSD.
- Demonstrate competence and professionalism in order to carry out the duties and responsibilities of the role.
- Ability to manage challenging behaviour and issues which may include responding to suicide/suicide ideation.
- Proven ability to use own initiative and work as part of a team.

- High motivation and enthusiasm with a positive attitude and flexible in response to organisation change & development.
- Ability to maintain confidentiality within the guidelines and policies of Ruhama and relevant accreditation body.
- Excellent administrative report writing and IT skills.
- A strong interest in the area of social justice & human rights.
- Ability and willingness to effectively contribute to the teamwork environment of Ruhama.

#### **Other**

- Flexibility around working hours is essential.
- Full Clean Irish driving licence and use of a car is essential.
- Garda Vetting will apply.

Application form is available at <https://www.ruhama.ie/work-for-us>. Completed and signed application form should be submitted by email, to [katherina@ruhama.ie](mailto:katherina@ruhama.ie)

**by 3.00pm on Monday 19<sup>th</sup> September 2022**