

A-Z of Fundraising Ideas

Help us support women affected by prostitution and sex trafficking by taking on a challenge, auctioning your unwanted items or employing your talents.

Here's some inspiration.

A

Aerobics-athon

To stay fit and healthy, organise an aerobics-athon at work with an entry fee of €5. It'll make you feel good about supporting us.

Auction

Organise your own fundraising auction. Why not auction off some items or services for the day and donate a percentage of funds raised to Ruhama.

B

Bag packing at your local supermarket

Ask your local supermarket if you can hold a bag packing day for Ruhama. It's a great way to provide a service to the local community while supporting us too.

Bike ride

Organise a sponsored bike ride. Charge each person a small fee and collect it in aid of Ruhama.

Bingo

Organise a bingo event – devise your own calls for the numbers. Charge a fee per game.

C

Cake and bake sales

Cake sales are a great way to raise money and awareness if cakes are made from fair trade products.

Collections

Put those empty jam jars to good use. Turn small change into something that makes a difference.

Coffee mornings

Organise a coffee morning among friends or at work and collect a donation.

Car wash

Charge your teachers, friends or family a fee to wash their cars. Donate €€ raised to Ruhama.

Chocolate ban

Give up chocolate for a week or a month and give Ruhama the cash you save.

Come Dine With Me

Host a dinner party, charge everyone a fee for entry and donate money to Ruhama.

D

Doughnut sale

Delight your friends with a delicious doughnut sale. Buy in bulk so that you can sell them on for a fundraising profit.

Dance-athon

Dance all day in a sponsored dance-athon.

E

Egg and spoon race

Organise your own fun tournament at work with a prize for the champion.

F

Fancy dress day at work

Collect entry fees and organise sponsored prizes for the most outrageous costumes.

Five a side football

Challenge your mates or your teachers to a five a side tournament as part of a football fundraiser. Each team pays to play.

G

Give it up

Get sponsored to go without something. Give up speaking for a day, chocolate for a month, or give up magazines for the season. Get sponsored or donate the money you save.

Games night

For those who love the challenge of a board or computer game, organise a marathon tournament. Either pay to play or get sponsored.

H

Hula hoop contest

Organise a hula hoop contest with an entry fee at work. Organise sponsored prizes for the winners and donate the funds to Ruhama.

I

International evening

Hold a themed international night with different dishes on offer and world music. Have a quiz to test your friends' geographical knowledge and charge an entry fee.

J

Jumble sale

Turn your trash into cash for Ruhama.

Jigsaw marathon

Challenge your friends to a speed jigsaw puzzle race. Get your friends to sponsor you too.

K

Karaoke

Impress your friends with your singing ability – try out your favourite tunes. Pay per tune or make it a competition with an entry fee.

L

Loud tie/socks day

See who can wear the most outrageous tie or socks at work or amongst your group of friends. Only those who have paid to display can take part.

M

Money boxes

Make your own and collect your small change to make a big difference. Ask if you can have a classroom box in your school or college or workplace.

N

Nominate a teacher to have their beard or head shaved

Challenge a teacher to have a shave or wax for a good cause - or brave the razor yourself. Get sponsored or charge people a fee to watch it happen.

O

Odd job day

Charge a fee for all those odd jobs around the house or garden that need doing.

P

Penalty shoot out

Show off your skills in a sponsored shoot out as part of a football fundraiser.

Q

Quizzes

Create your own quiz to test your friends' knowledge. Hold a quiz night and raise money by charging each entrant.

R

Raffles

Get friends and family or local businesses to donate prizes and raffle them off to raise funds.

Readathon

Get sponsored per page or for fast readers, per book.

S

Students versus staff tug of war

A fun way to compete with staff – challenge them to a tug of war. Each team pays a fee.

Swim-athon

Swim the distance. Get sponsored per length or per mile.

T

Treasure hunt

Create a treasure hunt and challenge your friends to find what you have hidden. Pay to play.

U

Uniform free day

Negotiate with your teachers to ditch the uniform for one day for a small fee per student. All funds go to Ruhama.

V

Volleyball

Challenge your friends or staff to a sponsored volleyball match. Charge each team to take part.

W

Word search

Create a themed word search and challenge your friends and family. Remember to charge a fee, with a prize for fastest completion.

Y

Yo-yo competition

Got a talent for yo-yoing? Put your skill to good use at school or work. Pay per play.

Z

Zoo quiz

Create a zoological quiz and test your friends' and family's knowledge of the animal kingdom. Remember to charge a fee too.