



Job title:	Trauma Therapist
Location:	Dublin City Centre (with occasional need to travel nationwide)
Reports to:	Ruhama Service Manager
Purpose:	The post holder will be responsible for providing short-medium term trauma therapy/counselling and trauma informed interventions to women affected by prostitution and victims of sex trafficking. The post holder will work in collaboration with other service providers to meet the psychological needs of this vulnerable cohort.
Hours	A panel will be created from this recruitment campaign and appointments made as the needs arise, subject to funding.
Salary:	Competitive salary commensurate with experience

KEY DUTIES & RESPONSIBILITIES include but are not limited to the following:

- To comprehensively assess the needs of all service users in relation to trauma/PTSD
- To ensure that care plans are implemented and regularly reviewed for all service users who are engaged in counselling
- To provide short-medium term trauma therapy and therapeutic interventions
- To provide one to one brief interventions and provide on-site critical incident response/s if the need arises
- To facilitate information, therapeutic and other groups
- To develop a trauma counselling service which reflects the complex needs of service users
- Participate in case management protocols including referral pathways and shared care planning
- Deliver evidence-based interventions directly to service users
- Identify potential obstacles to progression for service users and problem solve in conjunction with other stakeholders
- To provide training in trauma & therapeutic interventions
- Attend practice team, organisational and external meetings as required and participate in shared working practices
- To work closely with community, voluntary, and statutory services to ensure that service users can access support in relation to their needs including housing, addiction, education & employment etc.
- Innovate and contribute to the development of services to promote the psychological well-being of all service users
- Provide integrated care and support, reflecting a person-centred approach
- To keep up to date with developments in relation to trafficking for sexual exploitation

- Maintain service user records, including CRM system, weekly logs and produce standard monthly and quarterly reports
- To be vigilant to any Health, Safety and Welfare risks in the workplace and bring any concerns to the attention of your line manager or Health & Safety Officer
- To be aware of the Children's First Guidelines, and Vulnerable Adult and Child Protection Policy in Ruhama and bring any concerns to the attention of the DLO (Designated Liaison Officer)
- To monitor, track, evaluate and document all work including clinical session notes
- To attend supervision on a regular basis with line manager and to access ongoing clinical supervision
- To engage and assist in service delivery improvement projects and change management initiatives on an ongoing basis
- To work as a team member in order to develop and fulfill the policies, aims and objectives of Ruhama
- To comply with all Ruhama policies and procedures
- To perform any other duties assigned or delegated by his/her line manager

PERSON SPECIFICATION

The person specification sets out the essential requirements needed by the successful candidate for this post.

Qualifications & Experience

- Accreditation as a counsellor/psychotherapist with the Irish Association for Counselling and Psychotherapy (IACP), Irish Association of Humanistic and Integrative Psychotherapy (IAHIP) or a relevant body within the Irish Council for Psychotherapy (ICP), is essential
- Have a minimum 3 years post qualification experience with at least 1-year therapy experience in trauma is essential
- Experience of working with the complex and compound traumas of human exploitation is desirable
- Frontline experience working with a vulnerable cohort including experience of crisis support and case management approach is desirable
- Language skills, particularly Romanian, Portuguese, Spanish is desirable
- Experience and competence in using Salesforce or similar CRM software

Knowledge

- A knowledge of complex trauma and phased trauma treatment
- An understanding of suicide ideation
- A knowledge of the impact of prostitution and sex trafficking on individuals physical, emotional and psychological development
- A good knowledge of the Autonomic Nervous System and how it relates to trauma
- Insight into the issues affecting women who have been exploited in the sex industry
- Knowledge and understanding of gendered based violence, including prostitution
- Demonstrates a working knowledge in the complexities faced in delivering services to service users in challenging environments
- A working knowledge of the Immigration System in Ireland

- A working knowledge of homelessness
- Knowledge of substance misuse i.e. polydrug use, dual diagnosis, relapse & recovery, etc.
- Knowledge of the rights and entitlements of women working in the sex industry in Ireland

Skills and Abilities

- Excellent listening and interpersonal skills
- Excellent relational skills and ability to build therapeutic relationship
- Demonstrate empathy and have a clear understanding of trauma and PTSD
- Demonstrate competence and professionalism in order to carry out the duties and responsibilities of the role
- Ability to manage challenging behaviour and issues which may include responding to suicide/suicide ideation
- Proven ability to use own initiative and work as part of a team
- High motivation and enthusiasm with a positive attitude and flexible in response to organisation change & development
- Ability to maintain confidentiality within the guidelines and policies of Ruhama and relevant accreditation body
- Excellent administrative report writing and IT skills
- A strong interest in the area of social justice & human rights
- Ability and willingness to effectively contribute to the teamwork environment of Ruhama

Other

- Flexibility around working hours is essential
- Full Clean Irish driving licence and use of a car is essential
- Garda Vetting will apply

Application form is available at <https://www.ruhama.ie/work-for-us>. Completed and signed application form should be submitted by email, to katherina@ruhama.ie by

12.00 noon on Friday 18th December 2020