



Job title:	Therapist (Permanent Part-time)
Location:	Dublin City Centre (with occasional need to travel nationwide)
Reports to:	Ruhama Service Manager
Purpose:	The post holder will be responsible for providing short-medium term therapy/counselling and trauma informed interventions to women affected by prostitution and victims of sex trafficking. The post holder, with support from the existing experienced and multi-disciplinary trauma team at Ruhama will work in collaboration with other service providers to meet the psychological needs of this vulnerable cohort.
Hours	A panel may be created from this recruitment campaign and appointments made as the needs arise, subject to funding.
Salary:	Competitive salary commensurate with experience.

KEY DUTIES & RESPONSIBILITIES include but are not limited to the following:

- To comprehensively assess the needs of all service users referred for therapy, including in relation to trauma/PTSD.
- To ensure that counselling care plans are implemented and regularly reviewed.
- To provide short-medium term therapy and therapeutic interventions.
- To provide one to one brief interventions and provide on-site critical incident response/s if the need arises within your caseload.
- To facilitate psychoeducation, and other therapeutic groups.
- To support the development of a trauma counselling service which reflects the complex needs of service users.
- If the need arises, participate in case management protocols including creating referral pathways and shared care planning.
- Use Ruhama evaluation tools to ensure therapeutic interventions are effective.
- Identify potential obstacles to progression with service users and problem solve in conjunction with them.
- Attend practice team, organisational and external meetings as required.
- To keep up to date with developments in relation to trafficking for sexual exploitation.
- Maintain service user records and clinical notes in accordance with Ruhama’s recording keeping procedures.
- To be vigilant to any Health, Safety and Welfare risks in the workplace and bring any concerns to the attention of your line manager or Health & Safety Officer.

- To be aware of the Children’s First Guidelines, and Vulnerable Adult and Child Protection Policy in Ruhama and bring any concerns to the attention of the DLO (Designated Liaison Officer).
- To attend supervision on a regular basis with line manager and ongoing clinical supervision in accordance with your governing body.
- To comply with all Ruhama policies and procedures.
- To perform any other duties assigned or delegated by his/her line manager.

PERSON SPECIFICATION

The person specification sets out the essential requirements needed by the successful candidate for this post.

Qualifications & Experience

- Accreditation as a counsellor/psychotherapist with the Irish Association for Counselling and Psychotherapy (IACP), Irish Association of Humanistic and Integrative Psychotherapy (IAHIP) or a relevant body within the Irish Council for Psychotherapy (ICP), is essential
- Have a minimum of 3 years post qualification experience with an ability to show that at least 1 of these years included experience of working with trauma. .
- Ideally, trauma work experience gained to date will relate to the area of human exploitation.
- Having frontline experience working with a vulnerable cohort including experience of crisis support and case management approach would be beneficial.
- Language skills, particularly Romanian, Portuguese, Spanish would be an advantage.
- Experience and competence in using a CRM software system would be an advantage.

Knowledge

- A knowledge of complex trauma, including how the Autonomic Nervous System works.
- A knowledge of the impact of prostitution and sex trafficking on individuals physical, emotional and psychological development.
- Knowledge and understanding of gendered based violence, including prostitution.
- Demonstrates a working knowledge in the complexities faced in delivering services to service users in challenging environments.
- A knowledge of contemporary issues such as homelessness, immigration, substance misuse.

Skills and Abilities

- Excellent listening and interpersonal skills
- Excellent relational skills and ability to build therapeutic relationship.
- Demonstrate empathy and have a clear understanding of trauma and PTSD.
- Demonstrate competence and professionalism in order to carry out the duties and responsibilities of the role.
- Ability to manage challenging behaviour and issues which may include responding to suicide/suicide ideation.
- Proven ability to use own initiative and work as part of a team.

- High motivation and enthusiasm with a positive attitude and flexible in response to organisation change & development.
- Ability to maintain confidentiality within the guidelines and policies of Ruhama and relevant accreditation body.
- Excellent administrative report writing and IT skills.
- A strong interest in the area of social justice & human rights.
- Ability and willingness to effectively contribute to the teamwork environment of Ruhama.

Other

- Flexibility around working hours is essential.
- Full Clean Irish driving licence and use of a car is essential.
- Garda Vetting will apply.

Revised and sent to candidates 22.03.2021